

Fourth Sunday (Year C)

30th January 2022

Preparing the prayer space

Place a green cloth on the table or floor (green – the colour for Ordinary time)

Place a cross, bible, and candle on it. Light the candle or use a battery-operated candle for safety. Add any other symbols relevant to your family.

Prepare materials

- YouTube as listed on sheet: Scripture story and song
- Suggested activities: your choice or other related activity on sheet
- Print out sheet if required



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Gather around the prayer space as a family

Parent/Caregiver: In today's gospel, Jesus is rejected by the people in his own hometown of Nazareth.

Opening prayer:

Lord God, let us always welcome Jesus to be with us and in our hearts.

Gospel: A reading from the holy gospel according to Luke (4:20b-24, 28-30)

All: Glory to you O, Lord.

Everyone in the Jewish meeting place looked straight at Jesus. Then Jesus said to them, "What you have just heard me read has come true today."

All the people started talking about Jesus and were amazed at the wonderful things he said. They kept on asking, "Isn't he Joseph's son?"

Jesus answered:

"You will certainly want to tell me this saying, 'Doctor, first make yourself well.' You will tell me to do the same things here in my own hometown that you heard I did in Capernaum. But you can be sure that no prophets are like by the people of their own hometown."

When the people in the meeting place heard Jesus say this, they became so angry that they got up and threw him out of town. They dragged him to the edge of the cliff on which the town was built, because they wanted to throw him down from there. But Jesus slipped through the crowd and got away.

The gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

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Prayerfully watch the video together

Rejection at Nazareth <https://www.youtube.com/watch?v=PmO5v95fbEo>

Scripture reflection and time of sharing:

I wonder why people were asking about Jesus being Joseph's son...

I wonder what Jesus was feeling when he was amongst the crowd...

I wonder why people were so angry at Jesus...

I wonder how Jesus got away from the crowd...

I wonder what Jesus did after he got away from the crowd...

Let us sing together our beliefs as Christians:

I Believe - John Burland ft. Genevieve Bryant <https://www.youtube.com/watch?v=mvYbfojVkJGQ> (4 mins)

Intercessions: Let us now spend some time in prayer asking God to listen to our needs.

(We respond to the prayers by saying the words 'Lord, hear our prayer')

1 We pray for Pope Francis, Archbishop Patrick O'Regan, all Church and world leaders to lead and speak with words of wisdom and truth.

Lord, hear us. **All:** Lord, hear our prayer

2 We pray for those people and families preparing to receive their Sacraments of Initiation this year, that they may grow with faith and trust in God.

Lord, hear us. **All:** Lord, hear our prayer

3 We pray that all the members of our Church will show care and support to their neighbour.

Lord, hear us. **All:** Lord, hear our prayer

4 We pause for a moment and pray in our hearts or aloud for any intentions or people we would like to pray for at this time (*pause*)

Lord, hear us. **All:** Lord, hear our prayer

6 We pray for our world, especially for those who are affected by Covid. We pray for their healing and a swift end to the virus.

Lord, hear us. **All:** Lord, hear our prayer

Closing prayer: We lift our hearts and the prayers of our community. We make these prayers through Christ, our Lord. Amen.

Closing song: Lord of My Life- Matt Maher <https://www.youtube.com/watch?v=D7x1CXQbaWQ> (3:57min)

Follow up activity suggestions after the time of prayer has end.

- **Prayer journal**
Write a prayer to Jesus in your prayer journal (special notebook).
- **Colouring In**
https://cafod.org.uk/content/download/7330/60614/version/6/prayer_childrens-liturg_y_4th-Sunday-Ordinary-Time-C-illustration.pdf
- **Amazing people**
Take time to write or draw all the amazing people in your life on a piece of paper or a book. Write down words, sentences, or pictures to describe what makes them amazing.
- **Sunday Connection**
As you gather as a family, consider proverbs or other wise sayings that are familiar to your family... Consider the meaning of these proverbs and look for examples from your own family life that show their truth.
<https://www.loyolapress.com/catholic-resources/liturgical-year/sunday-connection/fourth-sunday-in-ordinary-time-c-sunday-connection/>