

Holy Trinity Sunday

30th May 2021

Preparing the prayer space

Place a white cloth on the table or floor (white – the colour for the solemnity)
Place a cross, bible and candle on it. Light the candle or use a battery-operated candle for safety. Add any other symbols relevant to your family.

Prepare materials

- YouTube as listed on sheet: Scripture story and song
- Suggested activities: your choice or other related activity on sheet
- Print out sheet if required

Gather around the prayer space as a family

Parent/Caregiver:

Today, we celebrate the Holy Trinity, Father, Son and Holy Spirit.

Opening prayer: We begin with the sign of the cross. In the name of the Father and of the Son and of the Holy Spirit. Amen

Gospel: A reading from the holy gospel according to Matthew 28:16-20)

All: Glory to you O, Lord.

Jesus' eleven disciples went to a mountain in Galilee, where Jesus had told them to meet him. They saw him and worshipped him, but some of them doubted.

Jesus came to them and said: "I have been given all authority in heaven and on earth! Go to the people of all nations and make them my disciples. Baptize them in the name of the Father, and the Son, and the Holy Spirit, and teach them to do everything I have told you.

"I will be with you always, even until the end of the world."

The gospel of the Lord. All: Praise to you, Lord Jesus Christ.

(Gospel text © Lectionary for Masses with Children (1993) Catholic Book Publishing Co. New York)

Prayerfully watch the video together

The Great Commission <https://www.youtube.com/watch?v=6l-e6yls4O0>

Scripture reflection and time of sharing:

I wonder why there were eleven disciples...

I wonder why they went to a mountain...

I wonder how they felt when they saw Jesus...

I wonder how come some of them doubted Jesus...

I wonder what Jesus meant by making other people disciples...

I wonder what Jesus meant when he said, "I will be with you always,"...



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Let us sing together our beliefs as Christians:

I Believe - John Burland ft. Genevieve Bryant <https://www.youtube.com/watch?v=mvYbfojVkgGQ> (4 mins)

Intercessions: Let us now spend some time in prayer asking God to listen to our needs.

(We respond to the prayers by saying the words 'Lord, hear our prayer')

1 We pray for Pope Francis, Archbishop Patrick O'Regan, all Church and world leaders: that they will lead others in the Spirit, of truth and love.

Lord, hear us. **All:** Lord, hear our prayer

2 We pray for the children and families who are preparing for their Sacraments of Initiation, that they and continue to grow in the journey of knowing and loving God.

Lord, hear us. **All:** Lord, hear our prayer

3 We pray that members of our Church will reflect and celebrate the wonderful mystery of the Holy Trinity, Father, Son and Spirit.

Lord, hear us. **All:** Lord, hear our prayer

4 We pause for a moment and pray in our hearts or aloud for any intentions or people we would like to pray for at this time (*pause*)

Lord, hear us. **All:** Lord, hear our prayer

6 We pray for all people who have died recently and or, are suffering at this time, may they find comfort and peace.

Lord, hear us. **All:** Lord, hear our prayer

Closing prayer: Glory be to the Father, and to the Son and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.

Closing song: *More Beautiful* – Steve Angrisano (3.20min)

<https://www.youtube.com/watch?v=uIQzcv8yJo>

Follow up activity suggestions after the time of prayer has end.

- **Prayer journal**

Write a prayer to Jesus in your prayer journal (special notebook).

- **Trinity Shield**

Draw your own Trinity shield of what the Trinity is: Father, Son and Spirit. Then colour and decorate your shield. <https://www.catholicicing.com/how-to-draw-the-trinity-shield-for-kids-and-free-coloring-page/>

- **Family Connection**

Talk about the significance of Baptism with your family. Notice that Jesus taught his disciples to baptize all nations in the name of the Father, and of the Son, and of the Holy Spirit. What else does this remind you of? <https://www.loyolapress.com/catholic-resources/liturgical-year/sunday-connection/most-holy-trinity-cycle-b-sunday-connection/>