

Most Holy Body and Blood of Christ Sunday

6th June 2021

Preparing the prayer space

Place a white cloth on the table or floor (white – the colour for the solemnity)

Place a cross, bible and candle on it. Light the candle or use a battery-operated candle for safety. Add any other symbols relevant to your family.

Prepare materials

- YouTube as listed on sheet: Scripture story and song
- Suggested activities: your choice or other related activity on sheet
- Print out sheet if required



This Photo by Unknown Author is licensed under [CC BY-SA](https://creativecommons.org/licenses/by-sa/4.0/)
<https://ministry-to-children.com/wp-content/uploads/2015/08/jesus-last-supper.jpg>

Gather around the prayer space as a family

Parent/Caregiver:

Today, Jesus shares the Passover meal with his disciples and we celebrate the gift of the Eucharist.

Opening prayer: God almighty, prepare us to receive your Word. We ask that it may nourish our hearts and minds so that we may go out and share your goodness with others. Amen.

Gospel: A reading from the holy gospel according to Mark (14:12-16, 22-36)

All: Glory to you O, Lord.

It was the first day of the Feast of Thin Bread, and the Passover lambs were being killed. Jesus' disciples asked him, "Where do you want us to prepare the Passover meal?"

Jesus said to two of the disciples, "Go into the city, where you will meet a man carrying a jar of water. Follow him, and when he goes into a house, say to the owner, 'Our teacher wants to know if you have a room where he can eat the Passover meal with his disciples.' The owner will take you upstairs and show you a large room furnished and ready for you to use. Prepare the meal there."

The two disciples went into the city and found everything as Jesus had told them. So they prepared the Passover meal.

During the meal Jesus took some bread in his hands. He blessed the bread and broke it. Then he gave it to his disciples and said, "Take this. It is my body."

Jesus picked up a cup of wine and gave thanks to God. He then gave it to his disciples and said, "Drink it!" So they drank some.

Then he said, "This is my blood, which is poured out for many people, and with it God makes his agreement. From now on I will not drink any wine, until I drink new wine in God's kingdom."

Then they sang a hymn and went out to the Mount of Olives.

The gospel of the Lord. All: Praise to you, Lord Jesus Christ.

(Gospel text © Lectionary for Masses with Children (1993) Catholic Book Publishing Co. New York)

Prayerfully watch the video together

<https://www.youtube.com/watch?v=yVoEvzvebU>

Scripture reflection and time of sharing:

I wonder what place Jesus and his disciples were at...

I wonder why they needed to prepare for the Passover meal...

I wonder how Jesus knew there would be a room ready for use...

I wonder what the disciples were thinking...

I wonder how the disciples were feeling while Jesus blessed the bread and wine...

I wonder why they went to the Mount of Olives singing...

Let us sing together our beliefs as Christians:

I Believe - John Burland ft. Genevieve Bryant <https://www.youtube.com/watch?v=mvYbfojVkgGQ> (4 mins)

Intercessions: Let us now spend some time in prayer asking God to listen to our needs.

(We respond to the prayers by saying the words 'Lord, hear our prayer')

1 We pray for Pope Francis, Archbishop Patrick O'Regan, all Church and world leaders: that they will continue to lead others with wisdom and kindness.

Lord, hear us. **All:** Lord, hear our prayer

2 We pray for the children and families who are preparing for the Sacraments of Initiation, that they will prepare to receive the gift you give with open hearts.

Lord, hear us. **All:** Lord, hear our prayer

3 We pray that members of our Church will reflect and celebrate the wonderful gift of the Eucharist.

Lord, hear us. **All:** Lord, hear our prayer

4 We pause for a moment and pray in our hearts or aloud for any intentions or people we would like to pray for at this time (*pause*)

Lord, hear us. **All:** Lord, hear our prayer

6 We pray for all people who have died recently and or, are suffering at this time, may they find comfort and peace.

Lord, hear us. **All:** Lord, hear our prayer

Closing prayer: All glory and praise to you O Lord our God, for you have blessed us with the gift of your love and goodness. Amen.

Closing song: *The Body of Christ*- Sarah Hart (5:12 min)

<https://www.youtube.com/watch?v=yTLJ9l4cm6k>

Follow up activity suggestions after the time of prayer has end.

- **Prayer journal**

Write a prayer to Jesus in your prayer journal (special notebook).

- **Discuss the importance of bread**

Gather different types of bread from different countries and discuss the importance of bread and particularly in the Mass.

https://cafod.org.uk/content/download/24119/173305/version/6/file/Prayer_childrens-liturgy_Holy-Body-Blood-B.docx

- **Most Holy Body and Blood of Christ- Colouring in**

https://cafod.org.uk/content/download/24123/173325/version/5/file/Prayer_childrens-liturgy_Holy-Body-Blood-B-pic.pdf

- **Family Connection**

Sunday Eucharist requires planning. What might we do as a family to better prepare for our

celebration of the Eucharist? <https://www.loyolapress.com/catholic-resources/liturgical-year/sunday-connection/most-holy-body-and-blood-of-christ-b-sunday-connect/>