

First Sunday of Advent (Year C)

28th November 2021

Preparing the prayer space

Place a purple cloth on the table or floor (purple – the colour for preparation)

Place a cross, bible, and candle on it. Light the candle or use a battery-operated candle for safety. Add any other symbols relevant to your family.

Prepare materials

- YouTube as listed on sheet: Scripture story and song
- Suggested activities: your choice or other related activity on sheet
- Print out sheet if required



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Gather around the prayer space as a family

Parent/Caregiver: In today's gospel, Jesus is asking us to be ready for him.

Opening prayer:

Lord God, prepare our hearts and fill them with love so that we can be ready to receive you wholeheartedly.

Gospel: A reading from the holy gospel according to Luke (21:25-28, 34-36)

All: Glory to you O, Lord.

Jesus said to his disciples: "Strange things will happen to the sun, moon, and stars. The nations on earth will be afraid of the roaring sea and tides, and they won't know what to do. People will be so frightened that they will faint because of what is happening to the world. Every power in the sky will be shaken.

"Then the Son of Man will be seen, coming in a cloud with great power and glory. When all of this starts happening, stand up straight and be brave. You will soon be set free.

"Don't spend all of your time thinking about eating or drinking or worrying about life. If you do, the final day will suddenly catch you like a trap. That day will surprise everyone on earth.

"Watch out and keep praying that you can escape all that is going to happen and that the Son of Man will pleased with you."

The gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

(Gospel text © Lectionary for Masses with Children (1993) Catholic Book Publishing Co. New York)

Prayerfully watch the videos together

Jesus is Coming! <https://www.youtube.com/watch?v=Di1lYki32vo>

Scripture reflection and time of sharing:

I wonder why Jesus was telling his disciples this...

I wonder how the disciples of Jesus were feeling...

I wonder what Jesus means by, “Don’t spend all of your time thinking about eating or drinking or worrying about life...”

I wonder what Jesus is asking us to do...

I wonder how I can prepare to receive Jesus into my heart today...

Let us sing together our beliefs as Christians:

I Believe - John Burland ft. Genevieve Bryant <https://www.youtube.com/watch?v=mvYbfojVkgGQ> (4 mins)

Intercessions: Let us now spend some time in prayer asking God to listen to our needs.
(*We respond to the prayers by saying the words ‘Lord, hear our prayer’*)

1 We pray Pope Francis, Archbishop Patrick O’Regan, all Church and world leaders to work with others for the common good.

Lord, hear us. **All:** Lord, hear our prayer

2 We pray for all families, that they will find joy and peace in their homes.

Lord, hear us. **All:** Lord, hear our prayer

3 We pray for the members of our Church may spread faith, hope, and love with others this Advent season.

Lord, hear us. **All:** Lord, hear our prayer

4 We pause for a moment and pray in our hearts or aloud for any intentions or people we would like to pray for at this time (*pause*)

Lord, hear us. **All:** Lord, hear our prayer

6 We pray for those who have suffered much pain, may they find healing and peace in Jesus.

Lord, hear us. **All:** Lord, hear our prayer

(Daily Prayer 2021 © 2020 Archdiocese of Chicago: Liturgy Training Publications, Chicago)

Closing prayer: We lift our hearts and the prayers of our community. We make these prayers through Christ, our Lord. Amen.

Closing song: Ready the Way <https://www.youtube.com/watch?v=bJt5vdz1XWo>

Follow up activity suggestions after the time of prayer has end.

- **Prayer journal**
Write a prayer to Jesus in your prayer journal (special notebook).
- **Colouring In**
https://www.saintanneshelper.com/support-files/christ_the_king.pdf
- **Christ the King craft**
Make a calendar to remember that Jesus is King, all day and every day. (*You make choose to use the B&W file as the liturgical colours differ slightly*)
<https://www.jesus-without-language.net/christ-the-king-john-18-craft/>
- **Family Connection- Loyola Press**
As you gather as a family... Talk about how your family shows honour...to Christ our King. Pray together the Lord’s Prayer.
<https://www.loyolapress.com/catholic-resources/liturgical-year/sunday-connection/our-lord-jesus-christ-the-king-b-sunday-connection/>