

Retreat Mornings – 9.30am – 12.30pm

(Registration and coffee from 9am)

5 Mornings across the year offering a time of stillness for reflection and peace.

Bookings essential

Saturday 12 March 2022– Lent – Healing for my soul

Saturday 7th May 2022 – Easter – Moving to the light

Saturday 9th July 2022 – Midyear - Winter of my life

Saturday 24th September 2022 – A walking retreat – Finding myself in God's creation

Saturday 3rd December 2022 – Advent – Making room in my heart

Retreat Weekends – An opportunity for personal time, stillness and nurturing input and conversation.

Commencing with Dinner Friday evening concluding prior to the 6pm Mass Saturday (you are most welcome to stay on and join our 6pm Parish Mass)

Women's Weekend Retreat – Woman at the well

27th – 28th May 2022

Weekend Retreat – Touching Creation: Clare and Francis of Assisi

12th – 13th August 2022

Men's Weekend Retreat – To be my best self

18th – 19th November 2022

Silence and Stillness Retreats.

All retreats include accommodation, all meals and daily mass. 3 Options of attending are available:

Care for the Soul Retreat – quiet, personal time (included the option of attending some talk)

Preached Retreat – themed – included 2 daily sessions

Directed Retreat – Daily direction

These 3 retreat options are available on:

Friday July 15th – Friday 22nd July 2022 - 7 night 6 day Retreat

Friday evening (commencing with Dinner) concluding with Breakfast the following Friday.

Sunday 2nd October – Saturday 8th October 2022 -6 night 5 day Retreat

Sunday evening (commencing with Dinner) concluding with Breakfast the following Saturday

BOOKINGS ESSENTIAL – CONTACT THE RETREAT AND CONFERENCE TEAM FOR FURTHER DETAIL OR REGISTRATION OF INTEREST – conference@themonastery.net.au or 08 83388700